

What is the Academy About?

The Naugatuck Academy is a place for our young players to go to get high level professional training. With a sound basis in the *“Four Pillars of the Game”* (Technical, Tactical, Physical, Psychological), we hope that our young beginners will develop into the Stars of Tomorrow. Our Academy Coaches will be:

- **Professional Level Coaches,**
- **Experienced and Qualified,**
- **Dedicated to the development of our young talent.**

We will provide the foundations for top-class training once a week that will develop players **BEYOND** their normal coaching sessions. **Remember, the “Window of Opportunity” for players is short, and it is vital that they get the BEST training during these most opportune years!!!**

Return your form and be a part of the new way—**The Naugatuck Way!**



Naugatuck Youth Soccer

P.O. Box 772
Naugatuck,
Connecticut 06770



Naugatuck Youth Soccer Academy Spring 2006



Naugatuck Youth Soccer

Tel: 555 555 5555

What can you expect from the Academy?



The ages of 6-10 are considered by most in the coaching world to be the "Golden Ages" of learning the game. Catching youngsters at these ages and offering them the very best of training and coaching is

the aim of the Naugatuck Academy; that way, whatever their future involvement in the game, whether it is in Recreational Soccer, High School, College or maybe even the Pro's, they will be prepared to the utmost in the fundamentals of the game.

The Naugatuck Academy will focus on the four most important features of the game which are vital to ANY soccer player who wants to succeed at ANY level: Technique, Tactics, Fitness and Mentality.

Technique

Technique is the backbone of the game. What you do with the ball will always dictate how successful you can be. At the Academy, we will work on, among other things, the following skills:

- Dribbling
- Beating defenders 1v1
- Passing and Receiving
- Shooting
- Tackling

Tactics

Technique on its own looks good, but can be ineffective—at the Academy we will teach players how apply their skills for the good of the team.

Among other ideas, we will work on:

- Defense and Attack
- Keeping possession as a team
- 2v1 situations
- Creating Space as a Team

Fitness

In order to function as an individual in a team for the duration of a game, it is vital for players to learn how to use their bodies most efficiently. At the Academy we will be working with players on these age-appropriate ideas:

- Agility
- Balance
- Speed
- Acceleration

Mentality

A good Mentality is vital for success. Academy training will revolve around the following concepts, which we believe will not only help develop our youngsters as players, but as good people too. We will focus on:

- Respect for Self
- Respect for team-mates
- Respect for Authority (Parents, Coaches and Referees)
- Respect for Opponents

Sign Up Today!

The Naugatuck Youth Soccer Academy has only a limited number of places available. Fill in the attached form **TODAY** and return it to the NYS address to guarantee **YOUR** child's place at the Academy. Then sit back and watch your child become the best soccer player they can be!!!

Sign-Up Form Title

	Price
<input type="checkbox"/> YES! Sign my child up for the Naugatuck Youth Soccer Academy	\$00.00
Subtotal: _____	
Tax: _____	
Total: _____	
Name _____	
Address _____	

Phone _____	
Method of Payment	
<input type="checkbox"/> Cash	
<input type="checkbox"/> Check	
<input type="checkbox"/> Visa	
<input type="checkbox"/> MasterCard	
<input type="checkbox"/> American Express	
Credit Card # _____	Exp. date _____
Signature _____	

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